

Prayer and the experience of fasting bring us closer to those people who are suffering from deprivation and anxiety, and whose future is uncertain.

“Blessed are the peacemakers, for they shall be called children of God” (*Mt* 5:9). It is natural for us to feel powerless to change the course of history. But let us rely on the strength of prayer. Without our Lord, all efforts to bring peace to hearts will fall short. At the same time, let us realize that peace is an ongoing task. Taking an active role in living this beatitude means contributing to and fostering peace in our own families, at work, and in society, because God wants each one of us to be a guardian of our brothers and sisters (cf. *Gen* 4:9).

Especially at Holy Mass, and in our prayer to our Lady, Queen of Peace, let us be very mindful of all those who are suffering.

Rome, 26 February 2022

[Back to Contents](#)

Message of March 19 Regarding the Apostolic Constitution *Praedicate Evangelium*

My dear children: may Jesus watch over my daughters and sons for me!

You may have heard that this morning Pope Francis approved the Apostolic Constitution *Praedicate Evangelium*, which reorganizes the Roman Curia and for which I invite you to pray. Among the many changes, it provides for personal prelatures to be placed under the Congregation for the Clergy.

This changes the ordinary department for communication with the Holy See (many of the matters about which the Prelature normally deals with the Roman Curia are related to its presbyterate), but in no way modifies the essential nature of the Prelature of Opus Dei, made up of laity and priests, women and men, as established in the Statutes that the Apostolic See gave to the Work.

On the solemnity of St. Joseph, patron of the universal Church, we entrust to the Lord the service that the Roman Curia renders the Church and the world. Let us also ask our Lord that every lay person and every priest, every woman and every man of Opus Dei may know how to live with an evangelizing attitude, with optimism, offering our friendship to all people and seeking above all the friendship of Jesus Christ.

Rome, 19 March 2022

[Back to Contents](#)

Message of March 23

I am writing to you again to tell you that on March 25th you will receive a longer

letter, dated last March 19th, about fidelity. You will not find any reference to the Constitution *Praedicate Evangelium*, since it was written before the constitution was published, and, moreover, the object of the letter is not directly related to that document.

On that day, the Solemnity of the Annunciation of the Lord, Pope Francis will consecrate Russia and Ukraine to the Immaculate Heart of Mary. Let us join the Holy Father in this act of trust in the powerful intercession of our Mother. Let us go to her who is all-powerful in supplication, asking that she may change the hearts of men and that we all may be instruments of peace.

From many places I am hearing news about the many initiatives that you, together with so many people of good will, are organizing to help the victims of the war. God will bless these efforts with abundant fruits of peace, serenity and joy. As Saint Josemaría said, we Christians have to “drown evil in an abundance of good.”

Rome, 23 March 2022

[Back to Contents](#)

Message of May 24

My dear children: may Jesus watch over my daughters and sons for me!

The words from Scripture “I will make the nations your heritage, and the ends of the earth your possession” (*Ps* 2:8) are a prophetic reference to Christ, and therefore, in Him and with Him, to each one of us. Nothing in the world is foreign to us Christians.

May this truth lead us to feel as very much our own all the joys and sorrows in the world, and to be “constant in prayer” and always “joyful in hope” (cf. *Rom* 12:12). Let us have recourse to the intercession of our Mother Mary, especially during this month of May.

Rome, 24 May 2022

[Back to Contents](#)

Message of June 14, on the Occasion of the Conclusion of the Year of the Family

My dear children: may Jesus watch over my daughters and sons for me!

June 26th will end the Year of the Family convoked by Pope Francis, who has invited us to reflect on the importance of the family in the Church and in all of society.

The family is the first setting where a person becomes aware of being loved for who he or she is and learns to love others. All families have their strengths and weaknesses, their good times and their difficulties. But our Lord is always calling us to look at each person