

Prayer and the experience of fasting bring us closer to those people who are suffering from deprivation and anxiety, and whose future is uncertain.

“Blessed are the peacemakers, for they shall be called children of God” (*Mt* 5:9). It is natural for us to feel powerless to change the course of history. But let us rely on the strength of prayer. Without our Lord, all efforts to bring peace to hearts will fall short. At the same time, let us realize that peace is an ongoing task. Taking an active role in living this beatitude means contributing to and fostering peace in our own families, at work, and in society, because God wants each one of us to be a guardian of our brothers and sisters (cf. *Gen* 4:9).

Especially at Holy Mass, and in our prayer to our Lady, Queen of Peace, let us be very mindful of all those who are suffering.

Rome, 26 February 2022

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Message of March 19 Regarding the Apostolic Constitution *Praedicate Evangelium*

My dear children: may Jesus watch over my daughters and sons for me!

You may have heard that this morning Pope Francis approved the Apostolic Constitution *Praedicate Evangelium*, which reorganizes the Roman Curia and for which I invite you to pray. Among the many changes, it provides for personal prelatures to be placed under the Congregation for the Clergy.

This changes the ordinary department for communication with the Holy See (many of the matters about which the Prelature normally deals with the Roman Curia are related to its presbyterate), but in no way modifies the essential nature of the Prelature of Opus Dei, made up of laity and priests, women and men, as established in the Statutes that the Apostolic See gave to the Work.

On the solemnity of St. Joseph, patron of the universal Church, we entrust to the Lord the service that the Roman Curia renders the Church and the world. Let us also ask our Lord that every lay person and every priest, every woman and every man of Opus Dei may know how to live with an evangelizing attitude, with optimism, offering our friendship to all people and seeking above all the friendship of Jesus Christ.

Rome, 19 March 2022

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Message of March 23

I am writing to you again to tell you that on March 25th you will receive a longer