

#### PRAYER

O God, merciful Father, you granted your servant Bishop Álvaro, the grace of being an exemplary pastor in the service of the Church, and a most faithful son and successor of Saint Josemaría, the founder of Opus Dei. Grant that I also may respond faithfully to the demands of the Christian vocation, turning all the circumstances and events of my life into opportunities to love you and serve the kingdom of Jesus Christ. Deign to glorify your servant Álvaro, and through his intercession grant me the favor I request . . . (here make your petition). Amen.

Our Father. Hail Mary. Glory be to the Father.

In conformity with the decrees of Pope Urban VIII, we declare that there is no intention of anticipating in any way the judgment of the Church, and that this prayer is not intended for public use. This Bulletin is distributed without charge. Those wishing to help defray the printing and distribution costs can send their tax-deductible contributions to:

Aletheia Foundation, Inc. 20 Sampaguita St., cor. Balete Drive, 1112 New Manila, Quezon City You may also deposit them to savings account no. 3291-510-27-3 at Metrobank, Bagtikan, Pasong Tamo, Makati, Metro Manila.

Subscriptions may be requested from the Prelature of Opus Dei Office for the Causes of Saints by e-mail (ocs@opusdei.ph) or by sending the form inserted in this issue.

Imprimatur: Most Rev. Javier Echevarría, Prelate of Opus Dei Alvaro del Portillo

Trip to the Holy Land: recollections from Bishop del Portillo's doctor

First session of the Tribunals

Graces obtained through Don Álvaro's intercession

lletin no.

2006

Graphic design: MCM S.r.l. - Firenze, Italy Typography: Gessica Cambi

Biblioteca Virtual Josemaría Escrivá de Balaquer v Opus Dei



### EDITORIAL

### THE CAUSE

#### THE TRIP

# NEWS

Bishop Álvaro del Portillo was born in Madrid, Spain, on March 11, 1914. He was a civil engineer and also held doctorates in philosophy and canon law. On June 25, 1944, he was ordained a priest. Two years later, he moved to Rome, where he worked directly with St. Josemaría Escrivá, the founder of Opus Dei. His service to the Church was also shown in his dedicated work in tasks entrusted to him by the Holy See and especially in his active participation in the work of the Second Vatican Council. In 1975, after the death of St. Josemaría, he was elected to succeed him as head of Opus Dei. On January 6, 1991, Pope John Paul II ordained him as bishop. The Servant of God's pastoral work was characterized by fidelity to the spirit of Opus Dei's founder and by zeal in extending the apostolates of the Prelature and the call to holiness in ordinary life throughout the world. On the morning of March 23, 1994, a few hours after returning from a pilgrimage to the Holy Land, our Lord called to himself this good and faithful servant of his. That same day, the Holy Father John Paul II went to pray before his mortal remains, which now repose in the crypt of the Prelatic Church of Our Lady of Peace, in Rome.

# DITORIAL

The first edition of the Bulletin of the Servant of God, Álvaro del Portillo, is published nearly twelve years after his death and more than a year after the opening session of the tribunals that are currently carrying out the diocesan phase of the examination of his life and virtues.

His reputation for sanctity has already spread throughout the world. Today thousands of people seek to obtain God's favor through the intercession of Don Álvaro, a good and faithful priest and exemplary bishop in the service of the Church and souls. These pages seek to bear witness to the spread of private devotion to Don Álvaro and to the action of God's mercy for the benefit of mankind.

We feel sure that readers of this Bulletin will find help for their Christian lives in Don Álvaro's life and example. As the Prelate of Opus Dei said in the opening session of the Tribunal of the Cause on March 20, 2004, they will "discover, through Don Álvaro, the fatherly face of God smiling upon us."







HE CAUSE OF CANONIZATION:

# FIRST SESSION OF THE TRIBUNALS

Opening ceremonies of the tribunals; Cardinal Ruini's address; words from the Prelate of Opus Dei

The Congregation for the Causes of the Saints approved two tribunals of equal competence for the diocesan investigation of the life, virtues and reputation for sanctity of Bishop Álvaro del Portillo: one from the Vicariate of Rome and the other from the Prelature of Opus Dei.

The opening session of the Vicariate of Rome's tribunal was held on March 5, 2004, in the Lateran Palace's Hall of Conciliation, and was presided over by Cardinal Camilo Ruini, the Holy Father's vicar for the Diocese of Rome.

In his address, Cardinal Ruini gave a biographical sketch of Bishop del Portillo. "The deep pastoral experience he gained working alongside St. Josemaría, his proven human qualities and his theological and juridical competence enabled him to undertake many different tasks," he said. The Pope's vicar emphasized "the long and multifaceted activity that he carried out in the service of the Apostolic See" as a consultor for various congregations, as secretary of the Second Vatican Council commission that prepared Presbyterorum Ordinis, as a consultor for other Conciliar commissions, and as a synod Father.

"The frequent occasions that I had to meet Bishop del Portillo," recalled Cardinal Ruini, "Imprinted on my soul the conviction that I found myself in the presence of an exemplary pastor." He went on: "In his firm adherence to the doctrine of the Church, in his union with the Pope, in his pastoral charity, in his humility, and in his balanced character, he exhibited an extraordinary interior richness."

According to the Cardinal, "the service that Don Álvaro provided to the Church of Rome, and the prompt and effective way he supported the Holy Father's pastoral initiatives in this diocese, showed the love for the Church that he had learned from St. Josemaría."

The swearing in ceremony for the members of the Tribunal and the Postulator of the cause was held in the presence of the Cardinal.

A few days later, on March 20, the opening session of the Tribunal of the Prelature of Opus Dei was held in the Höffner Hall of the Pontifical University of the Holy Cross, in Rome, with four hundred people present.

The Prelate of Opus Dei, Bishop Javier Echevarría, noted that "shortly after his death I received many written testimonies confirming how widespread Don Álvaro's reputation for holiness was even during his lifetime. The writers expressed the wish that his cause of canonization be opened. Among these documents were some 200 letters from bishops (35 of them cardinals) from 25 countries."







Cardinal Camilo Ruini presiding over the opening session of the Tribunal of the Vicariate of Rome
View of Höffner Hall during the ceremony on March 20
Bishop Javier Echevarría during the session

Bishop Echevarría recalled that when work began on St. Josemaría's cause of canonization, Don Álvaro "never missed the opportunity to help us understand that the aim was not to seek the human glory of Opus Dei, but the good of the whole Church, the good of souls." The Prelate of Opus Dei expressed his hope that the cause of Bishop del Portillo would also be an opportunity for many souls, "to discover," through Don Álvaro, "the fatherly face of God, who smiles on us, encourages us, and forgives us."

# AST DAYS IN THE HOLY LAND

Recollections from the doctor who shared in the Servant of God's final earthly journey



Early on the afternoon of March 14, 1994, Don Álvaro, Fr. Javier Echevarría, Fr. Joaquín Alonso and I left the Ciampino airport for Tel Aviv. Don Álvaro was making that trip to the Holy Land because of his great love for Jesus Christ, and also for pastoral reasons. A handful of the Prelature of Opus Dei's faithful had recently begun to work in Jerusalem and carry out their apostolate there. The trip was paid for by one of Don Álvaro's friends as an 80th birthday present.

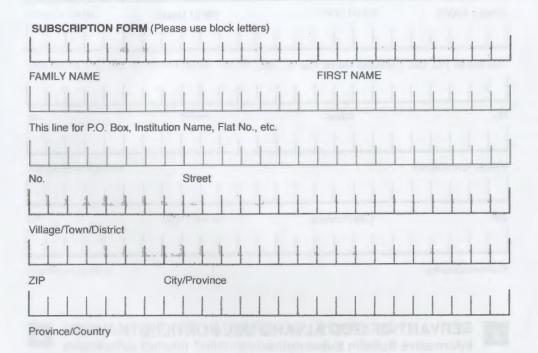
I can never be thankful enough for the privilege of accompanying Don Álvaro on this trip. He created around him a family atmosphere of human affection and good humor, which made for an unforgettable experience.

#### With his eyes fixed on Christ ... and on those around him

The Uruguayan ambassador to Israel, Anibal Diaz, had placed his car at Don Álvaro's disposal. On the 15th we drove from Tel Aviv to Nazareth, passing by Mount Carmel. In Haifa, a Puerto Rican tourist recognized Don Álvaro and asked him to let her husband take a picture of her with him. Don Álvaro agreed. Similar scenes took

#### SERVANT OF GOD ÁLVARO DEL PORTILLO Informative Bulletin Subscription

If you wish to subscribe to the Bulletin, please fill up the spaces provided below:



This is a self-mailing sheet. Kindly send this form after having folded it as indicated in the succeeding pages. You may also send your subscription request via email to <u>ocs@opusdei.ph</u>.

If you know any friends who may appreciate receiving the **Bulletin** kindly send us the subscription form included in this self-mailing sheet.

The **Bulletin** is distributed free of charge and relies solely on the generosity of its readers. We wish to express our appreciation to those who send contributions, since it is impossible to thank everyone individually.

Those who wish to help with their alms may send their donations to the Aletheia Foundation, Inc., 20 Sampaguita St. cor. Balete Drive, 1112 New Manila, Quezon City. The Aletheia Foundation subsidizes the printing and distribution of the **Bulletin**. Checks and money orders may be made payable to **Aletheia Foundation Inc.** You may also deposit them to the Aletheia Foundation savings account (No. 3291-510-27-3) at Metrobank, Bagtikan, Pasong Tamo, Makati City, M.M. branch through the branch nearest your place. Donations are tax-deductible.



present at that place. I sat on a rock behind Don Álvaro, with Fr. Alberto Steinworth, one of the priests of Opus Dei who lived in Jerusalem. Trying not to distract them, I took some videos of the scene. Close to the shore we saw a nun and in another place, a monk. As we left, four boys of different races came and began to pray quietly. On the way back we picked a few leaves from some plants as a souvenir.

On the following day, March 17th, we drove from Nazareth to Jerusalem, with a stop at Mount Tabor, where Don Álvaro said Mass. In Jerusalem, after praying at the Holy Sepulcher and at Calvary, Don Álvaro visited the two Opus Dei centers in the city. During the next few days he returned at various times to both centers and said Mass on



My dear friend:

embrace

Postcard from Don Álvaro to Msgr. Stanislaw Dziwisz, written in the Holy Land on March 17, 1994

place in the following days. That evening

in Nazareth, Don Álvaro celebrated Holy

Mass in the Basilica of the Annunciation. In

his homily he spoke of the mystery of the

Incarnation and of suffering as God's gift,

undoubtedly thinking of Anibal, who was

suffering from a serious illness and who

the Church of the Primacy of Peter, and

later to the Mount of the Beatitudes, where

Don Alvaro celebrated Mass. Afterwards we

went to Capernaum. In the afternoon we

spent half an hour praying on the shore of

the Sea of Galilee. Don Álvaro, Fr. Javier

and Fr. Joaquín sat on a fallen tree trunk,

and Fr. Joaquín read some Gospel pas-

sages recounting times when Jesus was

On the morning of the 16th we went to

attended the Mass with his wife.

In these holy places I have prayed-we

have prayed—so much for you, vir fidelis. With the request that you present to the

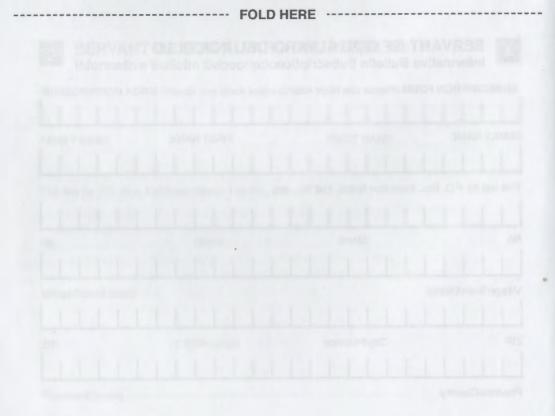
Holy Father our desire to be fideles usque

ad mortem, in the service of the Church and the Holy Father, we send you a cordial

 A good and faithful servant Your memories of the Holy Land are now joined to your memories of Bishop Álvaro del Portillo.... God allowed him to carry out a pilgrimage to the places where Jesus spent his life on earth. They were days of intense prayer that united him closely to Christ and prepared him for his definitive encounter with the Blessed Trinity. The memory of this "good and faithful servant" should strengthen in each of you your zeal for the service of the Gospel.
 Pope John Paul II to the participants in the UNIV Congress, March 29, 1994, Rome

Place Stamp Here

#### PRELATURE OF OPUS DEI OFFICE FOR THE CAUSES OF SAINTS 20 SAMPAGUITA ST., COR. BALETE DRIVE 1112 NEW MANILA, QUEZON CITY PHILIPPINES





· Pope John Paul II praying before the remains of Don Álvaro

March 20th in one and on March 21st in the other. On the 18th he celebrated Mass at one of the altars of the Basilica of the Holy Sepulcher and on the 19th in the Basilica of the Nativity in Bethlehem. The 19th, Saturday, was my saint's day, and Don Álvaro congratulated me as soon as he saw me at breakfast. That day there was a gathering in the afternoon at the Paradise Hotel in Bethlehem. with more than a hundred people attending, among them Christians, Jews and Muslims. It was a very cordial get-together. Don Álvaro responded with great affection and tact to the questions he was asked. He insisted on the need for Arabs and Jews to live together peacefully. Later, in Jerusalem, he visited the Latin Patriarch. Two days later he also visited the Apostolic Delegation.

#### In the Cenacle

On Sunday the 20th we went to Bethany in the morning and to Ain-karin in the after-

#### For more information on Don Álvaro: www.opusdei.org

noon. At 11:00 a.m. on March 22nd, Don Álvaro concelebrated Mass in the Cenacle with Fr. Javier, Fr. Joaquín, Fr. Alberto and Fr. Lawrence Richardson, another priest of Opus Dei living in Jerusalem. This was to be the last Mass of his pilgrimage to the Holy Land. But it was also, and who could have imagined it, Don Álvaro's final Mass on earth. Fr. Javier preached the homily and Don Álvaro gave us Communion.

A few hours later we were on the plane, returning to Rome. During the flight I trained the video camera on Don Álvaro and began to film him. He smiled for the camera and then gave a wave of greeting, or of farewell, with his hand. Around eight in the evening, the youngest of the crew offered us something to drink. Don Álvaro and Fr. Javier asked him about his family, his work, and his interests, and then told him a bit about the spirit of the Work.

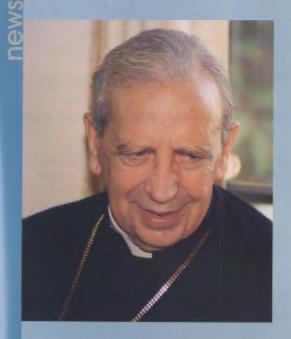
At the Ciampino airport some families were waiting with bouquets of flowers. Don Álvaro was very affectionate with everyone.

#### During the night

I went to bed shortly after arriving home, and about three in the morning Don Javier called me: Don Álvaro didn't feel well. When I reached his room, he was having difficulty breathing. He immediately lost consciousness. I gave him oxygen; he had hardly any pulse. After treatment with medications, cardio-pulmonary resuscitation efforts were initiated, but without success. I had to tell Fr. Javier that Don Álvaro was dying. Don Javier gave him absolution several times and administered the Anointing of the Sick. Around 4:00 in the morning, when Fr. Javier asked whether Don Álvaro had died, I could only answer that he had. I kissed the kind and now lifeless face of Don Álvaro, sure that he was smiling at me from heaven. 🔺

Dr. José María Araquistain

# RACES OBTAINED THROUGH THE INTERCESSION OF DON ÁLVARO



#### Kidney donor and transplant

I had been visiting the sick mother-inlaw of my youngest sister in Asian Renal Center. Whenever there were new patients, my sister had been giving out prayer cards of St. Josemaría, which I reaularly gave her. In one visit, I made friends with the other patients, among them was Cielo, a young professional working in a well-known television channel. She was around 30 years old. Her kidneys had collapsed and were damaged. She had been undergoing dialysis thrice a week, waiting for a kidney donor for her transplant operation. Since Cielo started praying to the Founder of Opus Dei for her illness, I thought of asking Don Álvaro for the suitable donor and for the kidney transplant to be done soon. Some time later, there was prospective donor but issue of incompatibility arose. Aside from this, the financial costs were also high. We continued to pray and after several months, a donor was found. She was able to have her kidney transplant which came out successful.

L.I.L., Manila (Philippines)

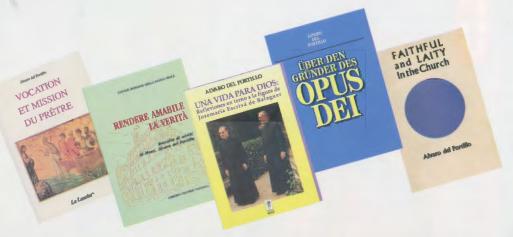
#### Impossible university bills

Again and again our financial situation made it impossible to pay the bills for our three children at the University of Rome. Often only an intervention from heaven enabled us to pay the bills when they came due. We put ourselves under the patronage of Don Álvaro, saying the prayer on his prayer card, and by God's grace we somehow got the money together each time. We have obtained many other favors through Don Álvaro's intercession, including peace and harmony in our family, six people always struggling with thousands of temptations. For all this I give thanks to the good God who has given us such a marvelous intercessor.

P.M., San Giovanni La Punta (Italy)

#### Money for a plane ticket

I am of Japanese origin and had always dreamed of going to Japan. I was finally able, due to some unexpected circum-



#### VOCATION ET MISSION DU PR Writings on the Priesthood By Álvaro del Portillo Le Laurier

MISSION DU PRÊTRE LA VERITÁ Writings on the Ateneo Romano Priesthood della Santa Croce By Álvaro del Portillo Libreria editrice vaticana Le Laurier

RENDERE AMABILE UNA VIDA LA VERITÁ PARA DIOS Ateneo Romano By Álvaro del Po della Santa Croce Rialp

UNA VIDA PARA DIOS By Álvaro del Portillo Rialp UBER DEN GRÜNDER DES OPUS DEI An Interview About the Founder of Opus Dei By Álvaro del Portillo Adamas Verlag

stances, to get a grant to study for a year in Okinawa. For me, attending the Work's means of formation is an important matter, but the closest center was Nagasaki and the only way to get there was by plane, which required great sacrifices to obtain the necessary funds. At the tightest moment, when the time for my trip came but I didn't have the money for a ticket, I asked Bishop Álvaro del Portillo to intercede for me...I prayed insistently and each time a relative appeared with the

M.K.I., Kyoto (Japan)

10

#### Help in finding a job

cash or a check.

Despite having degrees in Economics and Business Administration, I was unable to get a job. 1 submitted applications, sent out resumés and had interviews with various companies, all to no avail. I told an aunt about my situation and she gave me some prayer cards of Don Álvaro del Portillo and told me to distribute them and to say the prayer with faith.

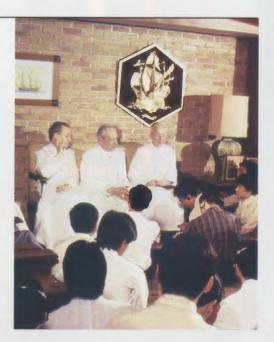
I did this, and to my surprise, my cell phone rang right away and a friend told me that somebody she knew urgently needed an administrator he could rely on. I immediately made the contact. We had an interview, and within a week I was working. I'm now very happy in my job and want to bear witness to the favor that I've received. I tell my story to anyone I can and continue to say the prayer on the card. I thank God very much for having given me this favor I was so anxious

#### initiatives

With Don Álvaro del Portillo's encouragement and prompting, a great number of educational projects and undertakings of social and Christian development were begun.

These initiatives, in addition to their social purposes, also served to bring souls to God through the spirit of Opus Dei.

 In the photo, Don Álvaro is shown in a get-together with a group of his sons in Samar Study Center, a university student center in Quezon City (Manila), during a catechetical trip to the Philippines in January 1987.



for: finding honest work.

L.G.P., Maracaibo (Venezuela)

#### Three years of migraine headaches

In November 1998, I began to suffer migraine headaches, something I had never had before. During the first year they occurred four or five times a month. Later they grew worse and increased to around ten times a month. I was forced to give up doing part of my regular work.

In September 2001 the pain became even more frequent. In November I had migraine headaches every other day. Each time I suffered the attacks I took some medicine that alleviated the pain but made me feel very ill. In agreement with the company doctor, it was decided that I should give up my job, because even the two hours I had been working were a great effort for me.

Not knowing what to do, I began a novena to God, using the prayer card of Don Álvaro. During the first two weeks I didn't obtain a cure, but there was a "spiritual cure" of two friends, something that gave me consolation and strength.

On the day after finishing the third novena, December 12, the feast of Our Lady of Guadalupe, I had my last attack of pain. I attribute this miraculous and rapid cure after three years to the intercession of Don Álvaro del Portillo.

Now that I no longer have the migraine headaches, my life is as it was before. I can work, travel, read, listen to music, etc.

M.S., Utrecht (The Netherlands)

11